

Leader / Mentor Guide

You became a Christian when the gospel was shared with you through someone who cared about you enough to tell you. Becoming a disciple of Jesus was the next step for you after you got saved. Now the Lord will share His word through you to reach others to disciple them.

The process of Biblical discipleship involves a loving, caring, Christian, who is committed to teach another person "all things whatsoever Jesus commanded".

Matthew 28:18-20

Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Some goals of God's command above in the "**Great Commission**" are:
Evangelize the lost.
Build-up or grow the disciples of Christ to become Christ-like.

Paul tells us Jesus commands us to train others who can train others...

2 Timothy 2:2

"And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others."

The things discipleship does are:

Teaches a new Christian the foundational truths of Biblical Christianity

Provides a new Christian with a caring, comforting friend to help him.

Protects through the counsel and prayer support of a mature Christian.

Provides mutual accountability Mentor to Disciple to keep motivated to grow in Christ.

Jesus wanted to make sure we could repeat the discipleship process:

He documented it in the Bible's New Testament.

He provided a helper, the Holy Spirit.

He told us to use prayer for guidance and encouragement.

"The Disciple will not care how much you know, until they know how much you care"

Children retain 50% of what they see, 10% of what they hear and 90% of what they do.

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The Leader / Mentor should:

- Be prepared by doing each Activity at least a few days **before** each meeting.
- Be available for every meeting time or contact Disciple to change it.
- Show Jesus love in: attitude, words, and actions (*appropriate "safe" hug or handshake*).

The Leader / Mentor needs to count on the **Holy Spirit** to:

- Create appropriate relationships** with others who need to be disciples
- Create spiritual hunger** in the disciple
- Guide by giving wisdom and clarity** to you as a Mentor.

The Leader / Mentor is responsible to keep up their own quiet time:

- Pray** for the student Disciple and God's will to be done in each meeting.
- Study** the Word and **seek** to be prepared as a usable vessel.

Start out the Discipleship meetings on the **first meeting** by going through the introduction which should be printed in advance along with the first Activity, and put them in a folder or report cover big enough to hold all Activities for them to work on at home. Tell the disciple to make sure to work on it every day after homework, remember to bring it to every meeting.

On the **first meeting** the Mentor Leader should go through all the things a disciple should remember to do, and have the disciple sign and date the agreement with God section. The Leader should fill in the Start date, and your name, phone number, and email address in the Mentor information area of Disciples printout. Point this out to the disciple and Parent.

During that first session with your disciple you should ask the child about their family and parents, and activities to show you care about their life. You should also ask them some of the questions in the **Child Learning Style** chart form this guide. When you figure out the Learning style from this Child Psychology information – fill out what you learned in the **People to Disciple** chart.

In **each Activity** lesson Mentors should guide disciples by:

- Show the Bible verse references to the student in their own Bible,
- Explain word definitions in the Activity,
- Direct disciple(s) to circle, underline the questions under the Bible verses,
- Review with the disciple all points in the **Remember** section toward the end,
- Review last weeks answers under **How Are You doing**,
- Write in Bible verses in **Things to do for next time** chart for next Activity,
- Pray with disciple about things learned

Print out 2 copies of the next activity when you return from meeting (for you, and disciple).

Materials needed:

- This Leader / Mentor guide, the Discipleship Manual, Child learning Styles chart
- Holy Bible in the easiest version for disciple to understand (recommended by Church)
- Pen or Pencil, and highlighter (color markers or crayons for kid's version)
- Vines or other expository Bible reference material (Youth, or Adult versions)
- Video Projector, Big Screen, Computer, or whiteboard if class setting
- Room to meet in that has no distractions

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Activity Schedule

Suggested order of Activities (may change per your church theology).

Order	Name of Activity	Bible verse references to study
1	Introduction, Spiritual Growth Quiz	Matthew 28:19-20, 2 Timothy 2:2, Psalm 139:23-24
2	Armor of God, and Bible study	Armor -Eph 6:10-20 Bible- 2 Tim 3:16-17, Joshua 1:8
3	Prayer, and Quiet Time	Prayer – Matt 6:9-13 Phil 4:6-7 Quiet Time Mark 1:35
4	Sin – bad things I do.	Romans 3:23, Rom 6:23, Exodus 20:3-17, 1 John 1:9
5	Know you will go to heaven	John 1:12, John 10:27-29, 1 John 5:11-13, Rom 8:38-39
6	Fellowship - Church	Hebrews 10:24-25, Psalm 122:1, Ephesians 5:19
7	God	John 3:16, Psalm 90:2, Jeremiah 23:24, 1 John 5:7
8	God's son Jesus	John 1:1-3, Luke 2:40, John 14:6, John 14:2-3
9	God's Holy Spirit	Rom 8:26, John 14:16, 1 Corinthians 2:15-16, Eph 5:18
10	Fruit of the Spirit	Galatians 5:22-23, John 15:5
11	Spiritual Gifts	1 Corinthians 12:8-10, 1 Corinthians 14:12
12	Get along with others, Choose right	Proverbs 19:11, Galatians 6:1, Colossians 3:13
13	Friends	1 Samuel 20:42, Ecclesiastes 4:9-10, 1 Corinthians 15:33
14	Baptism	Matthew 28:19, 1 Corinthians 15:3-4, 1 Peter 3:21
15	My Testimony	1 Peter 3:15, 1 John 5:11
16	Witness - share Jesus	1 Peter 3:15, Ephesians 2:8-9, Romans 5:8
17	Spiritual Growth Quiz	Psalm 139:23-24, disciple shares Jesus, pick someone.

Activities Explained

#	Name of Activity	Things in this Activity
1	Introduction	Explains things in Activities, how to use
1	Spiritual Growth Test	See where disciple is in their Spiritual walk
1	Learning Style questions	See how the disciple learns, gauge behavior style
2	Armor of God	How to prepare for Spiritual battle.
2	Bible Study	When and how to read, meditate on Bible – SOAP
3	Prayer	What, why, when, and how to pray – ACTS
3	Quiet Time	Important to spend time with God each day
4	Sin	God's Holy standard, how to know Jesus
5	Know you will go to Heaven	Assurance of salvation
6	Fellowship	Fellowship and Community, Worship
7	God	Attributes of God, Trinity
8	God's son Jesus	Birth, ministry, death, resurrection of Jesus
9	God's Holy Spirit	Spirit filled life
10	Fruit of the Spirit	God's Love, joy peace... explained
11	Spiritual Gifts	Find out your gifts and use them in service to God
12	Getting along with Others	Biblical Conflict resolution
12	Choose right	Making decisions based on the bible and prayer
13	Friends	How the Bible says to make friends, accountability
14	Baptism	Showing you believe in Jesus at Church
15	My Testimony	How to make and use your personal testimony
16	Witness	Tell friends about Jesus using drawings, tracts
17	Spiritual Growth Test	Disciple's Spiritual walk after training,
17	Evangelize	Disciple Witnesses at Church (somewhere friendly)
17	Pick new disciple	Have disciple pick someone to do this course with

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Telling a child about Christ

Determine where they are in their spiritual journey. Here are four stages most children go through:

Curiosity — Ask questions about the world around them, discover things about who God is.

Concern—Realize God impacts their world, questions about life triggered by an accident or death.

Conviction—Concern for the world. They go from knowing Jesus died for the world’s sin to their sin.

Conversion—Realize it is time to do something with what they know...follow Jesus or their own way.

Remember:

Avoid questions that imply the correct answer. Children tell you what they think you want to hear.

Use thought-provoking questions. For example: Ask, “What is sin? or Have you sinned?”

Avoid confusing terminology. They are literal-minded. Example: “getting Jesus in your heart”

Mention they will go to heaven “*someday*”. Children want to go to heaven, but not right now.

Don’t change words as this may confuse them. Example: “believing in Jesus” or “trusting in Jesus,”

Avoid clichés children may not understand. Say what you mean clearly and simply.

Avoid talking in “baby-talk”. Talk to them in an even, adult tone just as you would a grown-up.

Tell the child they need to pray in their own words that:

They are sorry for their sin (confession),

They believe Jesus died for their sin,

They ask Jesus to save them from their sin.

Make sure the child knows for sure that they will go to heaven.

Use the Witness Activity, or the Sin Activity to lead them to salvation in Jesus Christ.

Make sure the child understands the prayer does not save them - only Jesus.

Ask them what they just did to reinforce it.

Make sure they are assured of their salvation - that they can never loose it -1 Jon 5:11-12

Keep Parents informed

Make sure to have Disciple’s Parent(s) e-mail address, home phone, cell phone numbers.

Make sure to tell them when the child makes a decision spiritually,

Keep them up to date on Disciple’s Bible verse studying for Activities.

Ask them to help the Disciple on the first few times they have a Quiet time (SOAP, ACTS)

Make sure to tell the Parent(s) the results of their child’s:

Spiritual Growth quiz (before and after discipleship meetings).

Spiritual Gifts quiz,

Learning Style results, and behavior type.

Testimony (ensure practicing),

Evangelism attempt at last meeting,

Person they picked to be a Disciple

At each Activity meeting use appropriate behavior modification techniques:

Child Name	Strike 1	Strike 2	Strike 3

Strike1=Warning, Strike2=Separated-timeout, Strike3=Go home

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Child Learning Style Chart

Ask questions, circle answers, pick most answered one (V,A, K) for Disciple chart.

Ask	Visual	Auditory	Kinesthetic/tactile
Listen to band	Watch people	listen to words, hear beat	Dance, move with rhythm.
Choose food	Look at pictures	Ask a friend	Imagine the taste and smell.
Learn something new	Follow written steps	Listen to what is said	I do it the way others do it.
New people	How they look	How they sound	How they stand and move.
Free time	Watching T.V.	Talking to friends	Play sports, make things.
I buy gifts like	Books	Music	Tools, and gadgets.
I remember best	Focus on pictures	Say out loud, repeat	Move around, touch things
I like people because	How they look	What they say	How they make me feel
Game I like	Pictionary	Scrabble	Charades

VAK (Visual Auditory Kinesthetic) , a system of learning styles in NLP (neuro-linguistic programming) by [Neil Fleming](#), Educational Developer and [David Baume](#), FSEDA, Higher Education Consultant

Some educators do not feel this is a proven method, please only use the above as a general guide.

What Bible memorization and Activity method to use:

Visual and Kinesthetic: Use pictures, puzzles, have child draw pictures of Bible verses.

Auditory: Listen to music CD or MP3, child repeats aloud.

ADHD,ADD, Autistic Behavior write A, Inatt, Hyp or Impul on Disciple chart.

Symptoms of Inattention:

- Often has difficulty, dislikes sustaining attention in tasks that require sustained mental effort
- Often does not seem to listen when spoken to directly
- Often does not follow through on instructions (fails to finish schoolwork, chores, duties)
- Often loses things necessary for tasks or activities (i.e. pencils, books, or tools)

Symptoms of Hyperactivity:

- Often leaves seat, fidgets in situations in which remaining seated is expected
- Is often "on the go" or often acts as if "driven by a motor"
- Often talks excessively

Symptoms of Impulsivity:

- Often blurts out answers before questions have been completed (can't wait for their turn)
- Often interrupts or intrudes on others (e.g., butts into conversations or games)